

Extend Harvest Leave To the

foreign ships. Canada and the West Indies, in particular, is producing goods which find a ready market, and it would appear to be the duty of the Trade and Commerce Department to solve the problem of getting the goods to the market.

A maker of pianos says that it takes him three years, on an average, to develop enquiries into sales.

The point of this statement of ex-

Desire, however, can be sneaked up

But, thinking it by and large, more than worth the while, they will clip here and there, as they wish, into the desires and desires of the world.

The truth has its bearing on advertisement and has a message for advertisers which must be preserved at all costs. It is the truth that is the only answer against the inevitable is to insist on quality, energy, robustness, and liveliness.

An advertiser must measure his results in terms of the number of people the goal of his advertisement has reached. It is just his efforts, pure and agencies too, that will determine the results under the conditions obtaining. One may wish to take his destination if he chooses to do so, but he must use methods for traversing the journey.

It is this so obvious that one may think it foolish to say these things. But, in the advertisement business, the results come on an insertion of an advertisement, or on the reading of one member or reader. Patience is a virtue in the age when so many come from time.

With all its stupendous advantages, however, it has succeeded in securing attention for the advertiser's message and plans, and, to the same end, it continues to take time for the growth of an idea, purpose or object, and becoming a habit, or a habit, or a habit.

What About Canadas Shipping Facilities

Now that it is certain that the West Indies has the greatest crop of grain to move that she has ever had, it has suddenly been discovered that there are no sufficient ships to carry it across the ocean, when it will be most needed, and we wonder why? Papers in the

In capital and making use of resources, the Canadian shipping sector is best positioned to take advantage of the new opportunities. The Canadian shipping fleet falls off markedly. There was a time when Canada held fourth place in the world for commercial shipping, but now it stands eleventh. The registered tonnage of the Dominion is now only one of the million mark. New South Wales built and owned ships with a tonnage of 558,000, yet now only amount to 110,000. The Canadian government is accused of discriminating against Canadian shipbuilders in the international, by passing legislation, favouring foreign shipbuilders. The Canadian ships and seamen have been allowed to participate in the eastwise trade on the same terms and conditions as the Canadians. One of the results is that Norway now holds the place as a maritime nation formerly held by Canada.

The following is a prayer by a Scotch Canadian d-minister:

O Lord, we approach Thee this mornin' in the attitude of prayer, an' likewise of complaint. When we com't to the land of Canada we expected to find a lan' flowin' wi' milk an' honey; but instead of that we found a lan' peopled wi' ungently Irish. O Lord, in Thy great mercy drive them from the uttermost parts of Canada; mak' them harvest of woad an' drossers o' water; gie them na' candles; outstirp gie them nae place o' abode; ne'er mak' them magistrates or rulers neeven. Thy amen.

Norwegian shipowners pay no taxes and are exempt from duty. It is granted that the special privileges of Norway may have been a good thing for the coal and steel businesses, but it has proved a bad thing for our ocean carrying enterprise. We must now beg for foreign ships to come and take away our products or else send our products through foreign ports or

The trials and tribulations of country editors are manifold, but a bonus with fortitude because the country editor has a sense of humor. The recompenses of his life are many, however, and one of these came to the other day in the shape of the following letter from an old friend and snuffbox:

I didn't like to do it,
But the editor he's got too smart,
And I'll allow he'll rue it.

I am a man that pays his debts,
And will not be insulted,
So when the editor gets too smart,

I want to be consulted
I took the paper seven years
And asked him all I could see

But when he came to dunnin' me,
I didn't think he would, sir,
That that he did and you can bet.

It made me hot as thunder,
Says I, I'll stop that sheet, I will

I hunted up the editor,
And for his cunning caper

Yes, sir, I've stopped the paper

The Claresholm Review

An Independent Weekly Newspaper
E. G. Shattuck, Publisher.

Subscription Rates

One year, in Canada \$1.50
One year, to United States \$2.10
Single Copy 5c.

Thursday, September 16, 1915

Advertise your wants in the Review, the paper with the circulation in town and district.

The autumn hunting season brings its annual record of accidents. Safety in the woods and field should be the sportsman's first consideration.

"Coffins are being made of paper in France." In Canada, coffin makers have long been made partly of paper and partly of cigarette tobacco.

Buy your goods from men you know and get them at home. The home merchant is not here for a day only. Remember that if you are inclined to buy from strangers who claim to give impossible bargains.

Stovepipes should be thoroughly cleaned of soot before being used in the autumn, not only as a precaution against fire, but because the soot acts as an insulation and keeps the pipe cool. Instead of the soot radiating from a warm pipe it is carried up the chimney and wasted.

From Pessimists to Optimists

This year's bumper crop is helpful to the country in more respects than in improving business conditions. It is inspiring a new morale amongst the people. A year ago our farmers were discouraged. They thought the country was on the rocks. Now we find them cheerful and satisfied, except for the price of grain. The good crop has changed them from pessimists to optimists.

ADVERTISE YOUR BUSINESS

Don't imagine for a moment that advertising will not bring you results in your immediate field. That's an error that many merchants make when they assure themselves that their store is so well known that it doesn't require newspaper advertising—that the trade will naturally come, anyhow. There isn't a store anywhere in the world that has so secure a footing as that—not a single

SUCCESS

Canada Business College of Calgary trains for success. It is affiliated with the Success Business College, a leading business school in the United States. Graduates of this college are successful in all lines of business. Write for a free catalog. Modern Education.

EDUCATION PAYS

REFRESHMENTS

When you feel that you want anything in this line, whether it be ice cold Soft Drinks, Ice Cream Sides and Sundaes, or Hot or Cold Lunches, I am at your service and supply a share of your patronage.

I also carry a complete line of Cigars and Tobaccos, Fruits and Confectionery. First Class Restaurant. Satisfaction Guaranteed.

American Restaurant
J. B. BOESE, Proprietor
Claresholm - Alberta

Your Eyes are Your Best Friends

Why do you neglect them? Do you suffer from tired, red, watery eyes? Do you see things double? Do you not see as well as you used to?

If you have any of these symptoms, don't put it off some and have them examined. I will tell you honestly whether or not you need glasses. Examination free. A small amount spent here will save a large specialist's charge.

G. M. GODLEY
JEWELLER
CLARESHOLM - ALTA.

store—and you are not doing business in a field but that your sales can be increased by careful newspaper advertising. If this is not true, why is it that a stream of mail orders is constantly going out of your town to catalogue houses? And are not these sales made by these catalogue houses the result of persistent advertising in the very field that you have cultivated to the limit? Whenever you get such an idea fixed in your mind, and really believe that there's nothing more to be done, you are simply turning over ready money to the man that does possess the broader vision—you are indeed giving the territory and rights to others that careful newspaper advertising could retain in your possession.

Judicial Sale of Farm Property

PURSUANT to the Order Nisi and the final order for sale in S. C. 208, J. D. C. there will be offered for sale, with the application of the Master of the Supreme Court of Alberta, by John Thompson, auctioneer, in front of the Wilton Hotel, in the town of Claresholm, in the Province of Alberta, at two o'clock in the afternoon, on Saturday, the 10th day of October, A. D. 1915, the following lands and premises, namely, the north-west quarter of Section 28, in Township 11, Range 28, West of the Fourth Meridian, containing 160 acres, more or less, excepting thereout 2.01 acres, more or less, for roadway, the land herein comprised containing 157.99 acres or less, as more particularly described in Certificate of Title K.Z. 235, together with all buildings and erections thereon, subject to the reservations and conditions contained in the grant from the Crown or the existing Certificate of Title.

The Vendor is informed that there are the following improvements on this land: one log house, 11x17, shingled, in fair state of repair. The land is fenced with one and three-quarter miles of three-strand barbed wire fencing supported by iron posts. About thirty acres of this land have been cultivated but the land has now gone back to prairie. The soil is a dark chocolate loam. The property is well located, being twelve miles from Claresholm and ten miles from Woodhouse Valley on the C. P. R.

The property will be subject to a reserve bid which has been fixed by the Court. The purchaser is at the time of sale to pay down a deposit of ten per cent of the purchase price to the Vendor or her solicitor, and the remainder of the purchase money is to be paid into Court to the credit of this action as follows: Fifteen per cent of the purchase price in ninety days from the date of sale, without interest. Twenty-five per cent of the purchase price in one year from the date of sale, with interest at eight per cent per annum. The remaining ten per cent of purchase price in two years from the date of sale with interest at the rate of eight per cent per annum. Twenty-five per cent of the purchase price in three years from the date of sale with interest at eight per cent per annum.

In all respects the terms and conditions of sale will be the controlling ones as approved by the Master or a Judge of this Honourable Court. Further particulars can be had from the Auctioneer or from Longhead, Bennett, McLeas & Company, Solicitors for the Plaintiff, Clarence Block, Calgary, Alberta.

Dated at Calgary, Alberta, this 10th day of September, A. D. 1915.
LAWRENCE J. CLARKE,
Clerk of the Court.
Approved:—L. F. C. 9-16-15

HORSES STRAYED

About August 28 two black horses with white hind feet and white stars in foreheads, weight about 1200 lbs. The other with no markings except about 1500 lbs. strayed from Don Jackson's farm, near Wilton Hotel, Claresholm, Alberta. If returned will be given \$50 reward. No reward will be given if returned to Andy Bryant, near Wilton Hotel, Claresholm, Alberta. 9-23-15

STRAYED

From my penstock, one mile west of Wilton, on August 22, one bay horse with stars forehead, foreleg clipped, weight about 1400 lbs. Also one bay horse branded N two white hind feet and one wall eye, weight about 1100 lbs. Ten dollars reward for any information leading to their recovery. J. A. GAVAN, 9-23-15

LOCALS

W. T. Cochran was in Calgary on business, Tuesday.

J. T. Kingsley made a business trip to Calgary, Friday.

Miss A. Post is spending a couple of weeks in Grinnan.

J. A. Gaudin made a business trip to Calgary, Tuesday.

C. J. Brown was a business visitor to Calgary, Tuesday.

Guido Brothers have received their new threshing outfit.

Mrs. J. F. Hagerman is spending the week in Grinnan.

Born on Friday to Mr. and Mrs. G. E. Trone (twins) two sons.

H. L. Fink of Calgary was a business caller in town yesterday.

Mrs. R. G. Bissett of Meadow Creek was in town on business Monday.

C. Burnham recently purchased the draying business from J. F. Hagerman.

W. G. Creighton and J. R. Thorne, of Okotoks, were Sunday visitors in town.

Major G. Schoof returned to his home in Minneapolis, Minnesota, Thursday.

G. F. Robinson has accepted a position with the Independent Grain Company.

A. E. Thompson and family returned Monday, after spending their holidays at Banff.

WANTED—At one O. to assist in house work. Apply P. O. box 110, Claresholm, Alta. 9-21-15

Leonard Pitts, of Nelson, B. C., is spending a few days with his sister, Mrs. R. S. Horton.

Clasler Solberg, of Gresham, spent the week end with his sisters, the Misses Solberg, here.

Miss Edith Knight left Thursday night for Calgary where she spent the week-end with friends.

Robt Shaw returned the latter part of last week from a business trip to Vancouver and Victoria.

Messrs. J. M. Windor and E. H. Best, of Bellevue, were the guests of friends in town Sunday.

Miss Hazel Rogers was a weekend visitor at the home of her sister Mrs. E. E. Chilton, east of town.

Peter Scott, of Calgary, recently shipped his threshing outfit here and is threshing in this district.

Born on September 7 to Mr. and Mrs. Chas. Wells, formerly of Claresholm, but now of Calgary, a daughter.

Mrs. G. Bissett, of Meadow Creek, has accepted a position as an apprentice in Mrs. M. Garner's millinery parlour.

R. J. Russell accompanied by Rev. and Mrs. J. H. Stewart and Miss Jordan took a motor trip to Fernie, Monday.

WANTED—To rent, a furnished house, or two or three furnished rooms for light housekeeping. Write P. O. Box 56, Claresholm.

Mr. Beaver, a large land owner of Minneapolis, Minnesota has been in Claresholm this week, looking after his interests here.

Mr. and Mrs. J. A. Davidson are entertaining their niece, Miss Edna Davidson, of Assiniboia, Saskatchewan, for a couple of weeks.

A number of the soldiers from Sarssee camp, Calgary, who have been here on thirty day leaves, assisting in the harvest fields, returned to camp this week.

Mrs. R. M. Larkin received a letter this week from Mr. Larkin, who is with the 31st Battalion, in England, in which she states that Don Duggan has joined the household.

The afternoon tea and sale of home cooking held by the W. C. T. U. in the old Alberta Hotel building last Saturday afternoon was a decided success. The proceeds of the day amounted to \$21.40.

David S. Clark, who for the past eighteen months, has been employed at the demonstration farm, here, left Tuesday night for Calgary, where he is engaged in the eighty-second battalion yesterday.

Major and Mrs. C. W. James and family returned to Claresholm, Tuesday. Major James is down from Calgary on a few weeks' leave. Mrs. James and family expect to remain here during the winter.

Rev. J. H. Stewart, of Yellow Grass, Saskatchewan, who with Mrs. Stewart has been spending some time with Mr. and Mrs. Russell at Clark Lake farm, occupied the pulpit at the Presbyterian church, here, Sunday evening.

On Tuesday a very quiet wedding took place at Grinnan, when Miss Cord Carlson, formerly of Idaho, but who has been spending some time with relatives at Meadow Creek, was united in marriage to J. H. Brading, of the 19th O. M. R., Calgary, by Rev. McIntosh.

Rev. and Mrs. W. E. MacNiven returned Friday morning, after spending a couple of weeks' holidays with friends at Spokane, Washington and Beyond Lake B. C. On their return trip Rev. MacNiven attended the district financial meeting of the Macleod district of the Methodist church, which was held at Hillcrest, Thursday.

An open meeting of the Women's Institute will be held at the School of Agriculture, Saturday, September 25, at three o'clock p. m. Subjects: "Tuberculosis, Its Prevention and Cure", Dr. B. F. Stevens; "Winter Egg Production", Mrs. O. Mosler; "Storing of Winter Vegetables", Mr. W. J. Stephen. As important business matters are to be discussed, all members are urged to be present. A hearty invitation is extended to everyone.

Wanted—At one O. to assist in house work. Apply P. O. box 110, Claresholm, Alta. 9-21-15

Hills Breezes

A. E. Fletcher is preparing to run his next wagon through the threshing season.

Joe Bailey was a caller in the Hills a few days ago and was looking hale and hearty.

Wm. Smith's foot is improving and he is now just getting his outfit ready to send out threshing.

R. Baird is too busy these days to make many friendly calls with the cut around the neighborhood.

There will soon be some of the farmers made twice glad by the threshers having come and gone.

Rev. McKenzie preached his final sermon at Roundup, on Sunday, but not a very large congregation was present.

J. Peterson has not been to the Hills for about three weeks but he expects to make up on the ranch he has bought, soon.

The old soap and snow is making some of the farmers a little anxious about their live grain and is starting them to rustle.

The Harvest Festival at Roundup was quite a success, immediately about thirty-two dollars having been raised. The church was nicely decorated for the occasion.

LIST OF FAIRS

Exhibitions to be held in Alberta, with dates on which they occur:

Trine, September 21
Taber, September 22, 23
Pincher Creek, September 24
Milkerton, September 28
Pridville and Millerville Sept. 30
Banika, September 21, 22
Coronation, September 23, 24
Alta, September 28
Consort, September 29, 30
Bowden, October 1
Bowman, October 2
Gadsby, October 5
St. Albert, September 15, 16
Okotoks, September 17
Lloydminster, September 21, 22
Kitsy, September 24
Vermillion, September 28, 29
Mannville, October 1
Immigrant, October 4, 5
P. M. Exhibition, October 7, 8
T. S. Fair, September 14
Haddon, September 15
Viking, September 16
St. Mary, September 17
Rocky Mountain House, September 20, 21
Three Hills, September 22
Okla, September 23, 24
Hanna, September 22, 23
Highland, September 24, 25
St. Paul des Metis, Sept. 14, 15
Elk Point, September 17
Derry, Sept. 18, September 21
Wainstock, September 21
Paddle River, September 23.

UNION BANK OF CANADA

Are Your Children Learning to Save Money?

Each maturing son and daughter should have a

personal Savings Account in the Union Bank of Canada, with opportunities to save regularly, and training in how to expend money wisely. Such an education in thrift and saving will prove invaluable in later life.

CLARESHOLM BRANCH W. R. STANKS, Manager.
Branch also at Barron

ANNOUNCEMENT!

Having just returned from New York and other large Eastern cities, and in connection with my other business, I had the opportunity to visit some of the Largest Studios. I am now prepared to give you the very Latest in every line of Photography.

Having procured a new process, I will Develop Films for 10c per roll of six exposures, and 3c per print and upwards, or by having one dozen prints from one or more exposures, I will develop the films free of charge.

SPECIAL INSTRUCTIONS

Any person who does not understand the working of their Kodak, I will be pleased to give them, instruction FREE of charge.

We finish all work promptly and give you every satisfaction. Mail orders our Specialty.

Yours for business,

JOHN L. EDLUND

Call at Mrs. Garner's and see the Newest in

MILLINERY

Pattern Hats of the Latest Styles are there, in the best Qualities at the Lowest Possible Prices. We are pleased to show them.

Mrs. M. Garner
CLARESHOLM ALBERTA

Dr. W. J. Boddy Veterinary Surgeon

A Graduate of Ontario Veterinary College, Toronto, in 1903, also a Member of the Alberta Veterinary Association has opened up an office at the

Palace Livery Barn
PHONE 3
Claresholm - Alberta

Day and Night Calls receive Prompt Attention

TWO LETTERS THAT MISSED THE POST

These two letters missed the post and did not reach their destinations—because they were not posted.

They were not written in Berlin or Rome, but perhaps these two long letters may have been written in the inevitable letters shall be written in at first hand. As it is they are already late.

From German Emperor to the King of Belgium:

I have your pardon from the bottom of my heart. Were you other than you are I could not ask this of you. But knowing your high worth my task seems easier.

By day and night one cry rings through the corridors of my brain: "O, that it had never been—day and night it never ends."

In the first days of the war my proud heart led me on. The will to conquer eluded every other voice. The glances of a swift victory dazzled my eyes, and before I realized what had truly happened I had ravished your country and brought degradation to your people.

I ruthlessly poured my men against yours and your allies. I cared not how men died so long as some made progress. The first thing that shook my will was the realization of the staggering loss which my own country suffered as the war went on. War had not always been success—of your country and brought degradation to your people. I failed I never dreamed. But as my men went down in shambles, and as the reflex of their terrible deaths came back to me when I saw the lists of the dead and realized that the loss of each meant to those I knew, a sudden

horror seized me and from that moment my strength was broken.

Then I visited what had been Belgium and what I saw filled me with horror and with pity. I looked for the glory of war and only saw the horror of it—the desolation of human hands—the woe of the innocent. Still more was I stricken when the forces of the outside world came ringing home to me and made me feel the horror with which they saw what I had done. The intensity of their anger and the white heat of their indignation, and the fury of their condemnation towards me for bringing on this dreadful war struck me to the heart and made me realize that I had done wrong.

And in the night watches there came to me the most agonizing of thoughts and realizations of all that I had done. I tossed to and fro and found no place for sleep. I felt that I had murdered Peace and had lost the evil which a thousand years of growing equity had claimed, and had thrown down what two thousand years had built up—and had lighted the harvests of the gathered years, and looking towards the future I saw a dreadful day of reckoning.

My sin towards you as a King seems the less of my offences. The grief that pulls me down is the memory of your hunted people and all that they endured, and what it will mean for them till the end of their days.

I think of all the ill-will which my act has brought back to the world, and what a legacy of hate the war

will leave. I think of all the world's hindered progress, and of all the shattered hopes which the act of one willful man has brought upon the earth, and how instead of helping the world forward I have dragged it down.

And now, as horror piles on horror in the shadows of my memory, I see no way of peace except the emptying of myself of all my vain ambitions; and, therefore, to you, O Kingly Man, I make my confession, and of you crave a pardon—from yourself and from your people and from all who have been desolated by my ill-doings.

Together we will rebuild Belgium. No life can I bring back to all the thousands slain, no recompense can I give to those who have lost their dear dead. Empty are my hands for them but full would the heart be of my soul.

But of this I am resolved, that till my last breath my life shall be spent in building up what I have thrown down. All my personal wealth becomes the world's purse, and so long as I live the German people, too, shall make recompense to the uttermost for all that we have done. No wealth will we pile up till Belgium lives again. We will seek nothing for ourselves till you send us the words of our release, "Paid in full."

But even on that day will come my greatest humiliation and sense of failure, for I shall know that, having paid all, I still am guilty and can feel no hypos in this world where I may be judged.

Nothing is left for me now but once more to crave your pardon. I am a sinful man. O King of the Belgians, and upon my bended knees I tell my fault. And to that August God, and that I no longer dare to breathe I command my soul and crave that happily somehow, somewhere, I may yet in long days to come attain with you unto those to whom all that a king should be—even such a man as you.

I am, Sir, Your earnest servant,
WILLIAM, ONCE A KING AND NOW A PENITENT.

From the Pope of Rome to the German Emperor:

To the Trembler of the world: I speak as the Vicar of Christ, and I should not be worthy of that august title if I did not commend you in the name of the Eternal God to end this war.

In the name of civilization you have brought hell to earth, and by your wilderness have plunged the world in woe—so that you may have its dominion.

Measureless ambition has possessed your eye and that of your own people. You have pursued war rather than peace. You have sent the fiercest cross against the world. All the world looks down at you with ruthless hatred under foot to relieve your wicked ends, and neither you nor God nor man has stayed you on your path.

You do not think that the souls of God Himself and puny man that you are, you, the Eternal. You have possessed the wells of truth and have turned plain speech into lies. You have trampled in falsehood to deceive men. You have devised the moral law to meet your own necessity. You have become the enemy of progress, and to gain the world lost your own soul.

The blood of aged men and women is upon your swords. You have slain the children and brought dishonor upon the virgins and wasted the lives of your sons with impunity. To me it is not a little thing that you should have trampled on my people in Belgium and Northern France, and that you should have persecuted and slain my priests. The blight of your deed offences will darken the world for years to come.

The fact that some of your Cardinals and Bishops and Priests in Germany do not view things thus is a great grief to me, and it fills me with dismay that men I trusted have not yet apprehended the eternal ends of Christ, in God, and that, at the most critical moment which I solemnly come to them and to the Church in our generation they should have put the little casus of a mission country and King before the supreme and dominating claims of the Son of God.

But it behooves me, by the very office I hold, to say that I have not so apprehended the Will of God, and must, therefore, withstand those who so belittle the command of Heaven. The Great Evangel compels me to utter this protest at this supreme moment of history. Otherwise it is as an empty gospel, conditioned by geography and known weakness, and of no use to honest men.

I therefore call upon you at once to stop this war, to make what amends

and reparation are within your power, and against the day when your life ends, to purge yourself of iniquity, to humble your heart before God, and to be pardoned of Him for all your offences, so that haply you may find forgiveness when you have admitted and atoned for your most dreadful sins. I did not listen to my words. You fail to do so at your peril.

This is the name of God on whom you call.

BENEDICT.

YOUR OWN PORTRAIT.

How Do You Suppose It Is Verrily Drawn by Your Friends?

Did you ever experience the sensation of having yourself physically described by another who did not happen to know that you were without a portrait? If so, you may have been surprised to find that the sketch was so accurate, you could not have done it better.

You may have been painted or sketched. It all depends upon your sense of humor or the distance of things. But do not despair at your portrait. Just listen some to a pair of men when one of them is trying to recall to mind the other man's memory is likely to sketch the absentee in a few bold strokes something like the following: "Oh, sure, you remember him—the long yellow hair, the high forehead, his hair near his ear, and he had a scar on his chin."

"Now, I do," cheerfully replies the other at this piece of graphic description and then adds his own touch. "He was a little chap who was sketched and wore big spectacles of tortoise shell."

And the interesting question it brings up is, Why do people, generally speaking, remark defects and singularities rather than perfection and beauty? A man with long yellow teeth might have had a fine nose and a noble chin set upon his shoulders, and a begoggled chap with a stammering tongue might have had a Greek nose and an artistic hand.

We are assured that beauty is every where, yet people seem to take particular note of the ugly. No doubt it is easier to see the ugly than the beautiful in humanity, but why take the easier way—New York Sun.

SAVE YOUR HEART.

Don't Crowd Extra Work Upon It, as It Has Enough to Do.

Heart strain may be brought on by many common, thoughtless actions of everyday life. For instance, running to catch a train. In an actual experiment made with a person with a healthy heart before the run the heart rate was seventy-six per minute and the heart was doing 152 feet per minute of work a minute; after the run the heart rate was 180 and the heart was doing 206 feet per minute a minute, an increase of 22 per cent. Great strain may also be imposed upon the heart by second-hand affairs hurriedly.

Not only physical exertion, but emotions affect the heart. "Keep your temper" is good medical advice, for when a person is angry the work his heart does may be increased as much as seventy-two per cent. A minute. Even after the emotional reaction has passed the heart continues to do extra work for some time before it returns to its normal rate.

The amount of extra work the heart does is surprising. Tests have shown that in riding a bicycle at a rapid pace up a 10 per cent grade for half a mile the extra work imposed on the heart could be sufficient to lift one and one-half tons one foot.

These various ways by which we might save the heart work. As the heart beats less rapidly when we are at rest we could save it 25,000 foot pounds of work a year by going to bed two hours earlier every night. Lying down half an hour daily would mean an annual saving of 210,000 foot pounds; an hour's rest every Sunday would save 42,400 foot pounds, and by staying in bed all day Sunday the annual saving would be nearly a million foot pounds—Detroit Free Press.

Life in the Falklands.

The inhabitants of the Falkland Islands are a mixture of races, and for their hospitality. Living is cheap in the islands, and all kinds of English fruits and vegetables abound there. There are, however, two great drawbacks to life in the Falklands. The climate is never really warm and there is to be kept up all the year round. Servants are provided with difficulty. Most people import them from England, but as English girls are frequently married up and married as soon as they find their way to the islands, it is not so easy to get a servant. If they break it is in order to marry the husband has to pay the passage out from England of another servant to replace his wife—London Chronicle.

Brewster.

To make better place room to a corner window seat and put a small stove to warm the contents; put in a kettle, cover with water and boil. The water comes to the top of the water, and the sediment remains in the bottom of the kettle. Remove was when cold.

Just a Question.

"Well," said father impatiently, "what is it now?"

"There's something I want to know, father, before I read any more. Tell me, please, if a yawning child is the same thing exactly as a sleepy soldier?"—London Telegraph.

Wall Paper Sale

My Entire Stock of Wall Paper during Sale at HALF-PRICE

Old Room Lots for rooms from 3 1/2 feet to 12 1/2 feet. One room only of a pattern to Clear at TEN PER CENT LESS THAN HALF PRICE.

Olds and Ends, one and two rolls only of a pattern at FIVE CENTS a Double roll or any THREE ROLLS for TEN CENTS.

Come in and look these over. Some very pretty patterns in both Stock and Old Room lots.

The Above Prices Positively VOID after SEPTEMBER 18, 1915.

R. S. BRERETON
Complete House Furnishings

Advertise in the Review

THE PAPER THAT GETS RESULTS

Announcement!

I wish to announce to the Public that I have purchased the Meat Market formerly owned by D. P. Williams and after remodeling and repainting have opened up the **CLARESHOLM MEAT MARKET** With a Complete line of Choice, Fresh and Salt Meats. I am buying and selling for Cash and thus giving you the benefit of a STRICTLY CASH BUSINESS.

R. A. FISHER

Clareholm Alberta

ECONOMY FEED AND LIVERY BARN

Good Up-to-date Rigs. Good Horses. Best Outfit. We give Farmers' Teams the best of attention. Clean feed and Good all round Accommodation. Rates Reasonable. Give Us a trial.

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